

Events

The Open House—June 26, 2013

You are Cordially Invited

To

The Canadian Centre for Victims of Torture's

Open House in Downtown Office and Scarborough Branch

June 26, 2013
9:00 a.m. – 3:00 p.m.

Main Office: 194 Jarvis Street, 2nd Floor
Toronto, ON M5B 2B7
(416) 363-1066

Scarborough Branch: 2425 Eglinton Avenue East
Unit 218
Toronto, ON M1K 5G8
(416) 750-3045



The Connection

A PUBLICATION BY THE VOLUNTEERS OF
**THE CANADIAN CENTRE FOR
VICTIMS OF TORTURE**
SCARBOROUGH BRANCH

A NEWSLETTER FOR ALL CCVT VOLUNTEERS

May 2013

Volume 4

Issue 5



IN THIS ISSUE

SAVA Vol. Recognition	2
Volunteer Activities.....	3
Clients' Events & Activities.....	4
Clients' Events (cont.).....	5
35 Years of Service.....	6
35 Years (continued).....	7
The Picnic.....	8
Volunteer Activities.....	9
Summer Quest Day Prog.....	10
The World Refugee Day.....	11
The Open House -June 26..	12

Editors:

Jason Lawrence
Maxine Bond
Rosemary Namuyomba
Zheng Wang
Juliette Ntege

Contributors:

Aniqa Rahman
Saima Shaheed
Yonita Parkes

Editors' Note:

The information provided in this publication is not controlled by the CCVT, and therefore may not reflect the Centre's views.



Volunteers Light Up Our Communities



Volunteer Recognition Event
May 22, 2013
6:00 – 8:30 pm

Hosted By



CCVT is a full member of the SAVA and our Volunteers, Ms. Saima Shaheed and Mr. Jason Lawrence, who both joined CCVT Volunteer Team in 2009, were among those who received Recognition Awards at the SAVA Volunteer Recognition Event which took place on Wednesday May 22, 2013 at the White Shield Banquet Halls (Flipper's Fish House) at 2300 Lawrence Ave. East (Lawrence/Kennedy) in Scarborough, Ontario.

Enjoy the full story on page 2.

By: Juliette Ntege
Volunteer Coordinator
CCVT Scarborough Branch

SAVA Volunteer Recognition Event— A Volunteer's Testimonial



★ A delicious dinner and a beautiful choir for entertainment were only two of the many highlights shared throughout the evening. The major highlight was to see so many role models from our community in one place. The Scarborough Association for Volunteer Administration (SAVA) organized this event to commemorate hard working individuals from various organizations. Some of the biggest and well-known organizations in our community came together and nominated deserving individuals. These individuals have volunteered numerous hours out of their daily lives, participating in various activities and helping people. This evening was organized to show how much our community appreciates their time and effort; they are the pillars and the lights of our community.

CCVT was also one of the organizations as part of this event. CCVT Scarborough Branch was kind to nominate myself and my fellow co-volunteer Jason Lawrence as recipients of the SAVA award. As Juliette announced our names and we walked up in front of the whole gathering, it was an overwhelming feeling. I have always enjoyed working with the kids and staff at CCVT,

but to be appreciated in such a manner was a totally different feeling; a positive and encouraging feeling. Juliette praised us with kind and considerate words before the audience, and we were presented with framed certificates as proof of our good work for the community. The next hour followed the same routine with recipients being called up and presented with awards, from other organizations. From what I witnessed, it goes to show that regardless how much negativity we may be surrounded by, there are individuals who work within their own accord to make their community a better place to live. Destiny only knows where I may be in the near future, whether I will be able to continue to give my time to CCVT or whether life will pull me away for other commitments. Regardless, this evening will serve as a wonderful reminder for many years to come. Thank you CCVT and SAVA for considering me and rewarding me in such a special way.

Thank you.

By: Saima Shaheed, Volunteer, CCVT Scarborough Branch

You are invited to join **UNHCR** on June 20th, 2013 to commemorate
The World Refugee Day in Toronto.

Come "Walk a Mile in a Refugee's Shoes" starting at Nathan Phillips Square at 11 a.m., followed by a concert and commemoration at Yonge-Dundas Square from 12 p.m. - 3 p.m.

Performers and speakers:

*African Guitar Summit

*Dr. Vincent Lam (award winning author of the Headmaster's Wager)

*Robi Botos

*Allyson Morris

*Angelique Lazarus

Please forward this to your networks.

<http://www.worldrefugeedayto.ca/>

Twitter: https://twitter.com/WRD_TO

Facebook: <https://www.facebook.com/WorldRefugeeDayTO>

TO UNDERSTAND A MAN, YOU MUST WALK IN HIS SHOES

"One minute can change your life"
COME WALK A MILE IN A REFUGEE'S SHOES

"Everyone is affected."

WEAR WHITE AND BRING AN UMBRELLA
TO SYMBOLIZE PEACE AND PROTECTION

"You can help just one"

JUNE 20TH, 2013 • 11AM
STARTING ON THE NATHAN PHILLIPS SQUARE

"One family torn apart by war is too many."

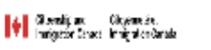


Summer Quest July 2013 (Children 6-12)					
Mon	Tue	Wed	Thu	Fri	
1	2 Winston Churchill Day Program 10:00am-3:00pm	3 Winston Churchill Day Program 10:00am-3:00pm	4 Winston Churchill Day Program 10:00am-3:00pm	5	
8	9 Winston Churchill Day Program 10:00am-3:00pm	10 Winston Churchill Day Program 10:00am-3:00pm	11 Winston Churchill Day Program 10:00am-3:00pm	12	
15	16 Winston Churchill Day Program 10:00am-3:00pm	17 Winston Churchill Day Program 10:00am-3:00pm	18 Winston Churchill Day Program 10:00am-3:00pm	19 Ontario Science Center 10:30am-3:30pm	
22	23 Winston Churchill Day Program 10:00am-3:00pm	24 Winston Churchill Day Program 10:00am-3:00pm	25 Winston Churchill Day Program 10:00am-3:00pm	26	
29	30 Winston Churchill Day Program 10:00am-3:00pm	31 Winston Churchill Day Program 10:00am-3:00pm			

Canadian Centre for Victims of Torture (CCVT)



For more information or to pick up an application, please contact Mbalu at 416-750-3045 2425 Eglinton Avenue E Unit 218 & 220 Scarborough, ON M1K 5G8 (416) 750-3045



Summer Quest August 2013 (Children 6-12)					
Mon	Tue	Wed	Thu	Fri	
			1 Winston Churchill Day Program 10:00am-3:00pm	2	
5	6 Winston Churchill Day Program 10:00am-3:00pm	7 Winston Churchill Day Program 10:00am-3:00pm	8 Winston Churchill Day Program 10:00am-3:00pm	9 Toronto Zoo 10:00am-3:00pm	
12	13 Winston Churchill Day Program 10:00am-12:00pm 12:00pm-3:30pm (Trip to Movies)	14 Winston Churchill Day Program 10:00am-3:00pm	15 Winston Churchill Day Program 10:00am-3:00pm	16 Canoeing Trip 11:00am-3:30pm	
19	20	21	22	23	
26	27	28	29	30	

Canadian Centre for Victims of Torture



For more information or to pick up an application, please contact Mbalu at 416-750-3045 2425 Eglinton Avenue E Unit 218 & 220 Scarborough, ON M1K 5G8 (416) 750-3045



Volunteer Activities and Events The MindFest Exhibition at UOFT



I have been volunteering at the Canadian Centre for Victims of Torture (CCVT) for a over a year now, and I must say it has been a life-changing experience. As a volunteer I have taken the initiative to pursue new roles from tutoring seniors in computer classes to being a receptionist at the Front desk. However, I have never once had the opportunity to volunteer as an outreach representative for CCVT until May 6th, 2013. A week prior to that date my supervisor, Juliette Ntege, asked if I would like to do outreach for CCVT at the Mindfest, which is an event presented by the University of Toronto, Department of Psychiatry that aims to educate the public through raising awareness of issues on mental health. It was not a surprise to me that CCVT would participate in this event, because our Centre focuses on ensuring counseling services to clients who have psychological trauma as a result of torture.

On the May 6th, 2013, Juliette and I left Scarborough early in the morning and by 8.00 a.m. we were already at the U of T Hart House where the Mindfest event was held. I was not only mesmerized by the beautiful interior and exterior architecture of Hart House, but I also felt overwhelmed by the opportunity that I was given. Our display board at the booth was decorated with embellishments and pictures from our Centre. We

had also thoroughly arranged the promotional materials like brochures and the First Light Publications for the public to take and be informed about our organization's services and volunteer opportunities. Overall, I was glad to see the outcome of the event as well as the fact that so many organizations and clubs were keen on educating the public regarding mental health issues such as mood disorders and schizophrenia. I decided that the key to help raise awareness of CCVT was through creating an interactive environment for the public. I did this by asking each individual who came by our table to write something heartwarming and encouraging for the CCVT clients. All these positive messages were written down on sticky notes and were then stamped with heart-shaped stamps that symbolize kindness and posted on our display board. By the end of my shift, I realized how much I enjoyed my experience of meeting new people and having discussions regarding worldwide issues, but nothing felt more wonderful than to see the board filled with brightly colored sticky notes with such inspiring messages to the clients of CCVT. What did I take from this experience? I find that being interactive with the audiences can help create an environment where they can feel that they are making a difference to their community.

By: Aniqah Rahman, Volunteer, CCVT Scarborough Branch



CANADIAN CENTRE FOR VICTIMS OF TORTURE

INVITES YOU TO THE

ANNUAL SUMMER PICNIC

COME JOIN THE FUN WITH FAMILY AND FRIENDS

ON SUNDAY, JULY 7, 2013

FROM 11:00AM – 4:00 PM

AT HIGH PARK PICNIC AREA 1 (SEE MAP)

SOMETHING FOR EVERYONE

Children and Adult activities include Entertainments and Games

You can bring your favourite music or an instrument to play. If you have a special dish you'd like to share, feel free to bring it along. But most of all, bring yourself!

LE CENTRE CANADIEN POUR LES VICTIMES DE LA TORTURE

Organise un Pique-Nique Annuel

Cet ÉTÉ, le CCVT vous invite cordialement avec votre famille à participer à notre pique-nique annuel qui aura lieu au: **High Park - Zone 1** (voir la carte ci-dessus)

Le dimanche 7 juillet 2013

De 11h00 à 16h00

Venez nombreux pour célébrer l'été Canadien avec le CCVT.

Vous pouvez apporter votre plat préféré pour le partager avec les autres.

Vous pouvez apporter la musique que vous aimez ou l'instrument que vous jouez.

Nous aurons également des jeux pour les enfants et un ballon de football pour les adultes.

Mais surtout, c'est **votre présence** qui compte!

Pour plus des renseignements, veuillez appeler le CCVT au (416) 363-1066



For more information please call at 416-363-1066

Main Office

194 Jarvis Street, 2nd Floor

Toronto, ON, Canada

TEL: (416) 363-1066

FAX: (416) 363-2122

E-mail: mahai@ccvt.org

Scarborough Branch

2425 Scarborough Avenue E.

Unit 220

Scarborough, ON M1K 5G8



Citizenship and Immigration Canada

Citoyenneté et Immigration Canada



Clients' Events and Activities

The CCVT at The Victoria Park Hub



There is on-going Citizenship Class at The CCVT at The Victoria Park Hub which started on May 21, 2013.

It has attracted many clients who live around Victoria Park Village neighborhood.

Jason Lawrence and Jose James are the volunteers who are running this class every Tuesday from 10.00 a.m. to 12.00 p.m. We are using this column to extend our appreciation to both of them.



The Arabic speaking women group meets every Friday at The CCVT at The Victoria Park Hub location.

On this particular Friday May 17, 2013, Gil Brereton, a Community Legal Worker from Scarborough Community Legal services gave an information session about Landlord and Tenant Law.

The clients were empowered and learnt a lot from this session.

By: Samar Ahamed, Settlement Counselor, CCVT Scarborough Branch

CCVT GIVES HOPE AFTER THE HORROR!

35 Years of Service to Survivors of Torture



CANADIAN CENTRE FOR VICTIMS OF TORTURE

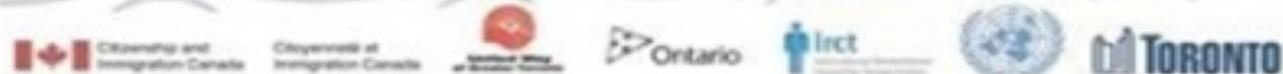
194 Jarvis St. 2nd fl. Toronto, ON, M5B 2B7

Phone: 416-363-1066 Fax: 416-363-2122 Email: mahai@ccvt.org

Website: www.ccvt.org Charity Number: 133327908 RR0001



**JUNE 26: U.N. INTERNATIONAL DAY IN
SUPPORT OF VICTIMS OF TORTURE**



RELIGION, PEACE, AND VIOLENCE: A MULTI-FAITH DIALOGUE ON LIBERATION AND JUSTICE

JUNE 26, 2013

METRO HALL, 55 JOHN STREET, TORONTO
Room 308/309

PANELISTS:

- **Fr. Jack Costello**, Jesuit Refugee and Migrant Service/
Professor, Regis College, University of Toronto
- **Dr. Gerald Filson**, Baha'i Community of Canada
- **Samira Kanji**, President, Noor Islamic Cultural Centre
- **Professor David Novak**, Centre for Jewish Studies,
University of Toronto
- **Vinayagar Kandavanam**, President, Hindu Religious
Society of Ontario/Tamil Writers' Association
- **michael kerr**, Karuna Community Services of the
Buddhist Communities of Greater Toronto

Facilitator: Paulina Wyrzykowski, St. Christopher House

6:00 p.m. – 9:00 p.m.

Free food and refreshments will be provided

To RSVP or for more information please contact Aron Zaltz at
aron.katzzaltz@mail.utoronto.ca or Ezat Mossallanejad at
ezat@ccvt.org, (416) 363-1066